

Chieftain South State of the St



ICC joins national initiative on College Cost Transparency

Staff Reports

Itawamba Community College has joined the College Cost Transparency Initiative, a coalition of more than 360 higher education institutions that have voluntarily committed to follow a set of principles and standards that ensure transparency, clarity and understanding around student financial aid offers.

Together, these institutions serve more than 3.5 million college students in the United States. "Choosing to attend college is one of the most significant financial aid decisions a student or family can make," said ICC President Dr. Jay Allen. "Knowing how much it will cost up front is crucial, and ICC is committed to providing students clear and accurate financial information. We are proud to be a partner in this work."

The monumental commitment comes as lawmakers, think tanks and government entities continue to scrutinize the financial aid offers that colleges and universities present to students. The principles and standards recommended by the CCT - a task force composed of the leaders of 10 higher education associations representing college presidents, financial aid offices and admissions and school counselors which originated last fall - respond to the needs of students and families in a distinct and careful manner.

"Students and families need upfront, accurate and clear information when making decisions about college," said Peter McPherson, chair of the CCT task force and president emeritus of the Association of Public and Land-Grant Universities. "Some standard terminology and clear requirements on what is to be included in financial aid offers is important. Colleges and universities are committing to give students and families the information they need." - See College Cost Transparency, page four.

For the latest news updates
See www.iccms.edu









Viewpoints
News
Sports



IEWPOINTS

I E W P O I N T SHELBY TUTOR Chieftain Staff

Fall is the time when the leaves teach us to let go. The colors start to become brighter with the rich reds and yellows of trees.

The smell of pumpkin spice is in the air, and there is the struggle of turning your heat on at night and your air in the morning.

An important factor of autumn to me is that it teaches us about change.

The leaves of last year must fall to make way for new ones. Like the trees, we are a part

of nature, and even though we might not like it, change is an inescapable part of our lives.

During the school year, it's so easy to get caught up in the routine of work and meeting deadlines.

For me, this time of year allows me to relax and take it all in. We often get a little slower during the coldness of winter as well.

Taking a moment for mindfulness can allow us to declutter our thought process and prepare for the art of letting go. We can begin this journey by noticing the small things.

Take a moment to admire the falling of the leaves, the changing of the air and the beginning of winter.

As you watch the leaves fall, remind yourself that nature's cycles are mirrored in our own lives...that we have the power to create a life that is beautiful, colorful and just a little bit slower than our hectic schedules have allowed.

I think it's important to let down our guard during our off months, to release all of that tension and evoke more light and color to both our eyes and our lives.

This is your permission to release your layers that have been making you heavy.

You deserve to be lighter and free and by letting go, you are one with nature. One with the life that floats around you.

It allows us to make space for those things that don't nourish us and bring us health and happiness.

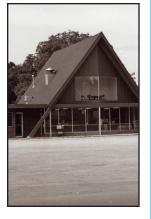
Now turn your energy inward and recognize those things that deserve to flourish.

Then we can prepare for our exams and to wrap up another semester with a better mind-set.

Letters

TO THE EDITOR

The Chieftain will print
letters to the editor
or guest commentaries.
However, they must be signed
and include a valid ICC email address
and telephone number.
Anonymous submissions
will not be printed.
The Chieftain reserves the right
to print or reject letters
or to edit them for clarity and space.







FLASHBACK

From

1948-

Through

the

years

at

IJC/ICC

Looking

back











Staff Reports



You got this!

The term "dedication" is defined as "the quality of being dedicated or committed to a task or purpose."

As college students, we are dedicating a major part of our lives to pursue an education in our related field. We hope to someday make an impact. With most fields somewhat competitive, we must put forth our best effort to reach our maximum potential. Trying to make the right decisions can be difficult, but as long

as we stay dedicated to our practice, the results will be incomparable. While college can be stressful, it is important to have faith in ourselves to someday use our knowledge to our advantage.

The act of dedication takes time and effort, but will always

seem to pay off. That could be studying 10 extra minutes past your bedtime to feel extra confident on a test or dedicating extra time in the morning to practice self-care before class.

First, figure out what you want to achieve whether that be related to your education or even a short-term goal and determine from there how to dedicate your time daily to reach this overall longterm goal. It is crucial that we have faith in everything that we do as students since our actions will have an impact on the rest of our lives.

Midterms, personal conflicts and the endless cycle of studying can bring students into a slump. That's why ICC offers TimelyCare as a solution to speak to someone who is there to help. TimelyCare gives students the opportunity to have mental and medical help offered by ICC FREE. It affords students the chance to express their emotions and gain the reassurance they might need to ensure they are on the right path.

As with anything in life, as long as the goal is clear, it is pursuable. Even when doors feel like they are closing, it is more important to believe that new doors will open and that the possibilities are endless while keeping faith in yourself. We think that there is so much time that all things are possible with the right mindset. If you feel discouraged, take a deep breath and reflect on your goals. All things can be accomplished if there are no limits. Time will pass. Hard work and dedication are vital. Always be mindful of the daily practices you choose and be patient. Keep pushing until new doors open. Stay dedicated. Trust your ideas and don't waste the potential you could have had.

Students, remember to have faith in your studies. Put faith into your hard work. Have faith that everything will work out and continue your dedication to your studies. If you're having a tough time trusting the process, you're never alone. Refer to TimelyCare for a listening ear.

Goals can only be reached when the work and dedication are there. Continue to show up to class, take notes, learn from the lectures, and it will be totally worth it. Trust in yourself and dedicate yourself to being the very best student you can be. Stay motivated and keep pushing forward....you got this!

Chieftain 500

Sports Editor.....Elijah Coleman

Sports Information......Adam Gore

Cal Brown Adam Robison The *Chieftain* is available online only and is posted three times each semester. Views expressed in this newspaper are not necessarily those of the faculty and administration.

Adviser......Donna Thomas

Itawamba Community College is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate's degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404.679.4500 for questions about the accreditation of Itawamba Community College.

Itawamba Community College is an equal opportunity institution. The College strictly prohibits discrimination in its educational programs and activities, employment practices and admissions processes on the basis of race, color, national origin, sex, disability, age, religion, ethnicity, pregnancy, sexual orientation, gender identity, genetic information, status as a U.S. veteran or other status protected by applicable law.

For more information, contact the Vice President of Student Services, 602 West Hill Street, Fulton, MS 38843, 662.862.8271, or email TitleIXCoordinator@iccms.edu.









Shawn Whittington

Art Instructor

FAMILY: He was born in Ft. Worth, Tex. and gets his talent from both of his parents. They met while studying at Texas Christian University, majoring in dance and theatre. His biological father founded the Hip Pocket Theater in Ft. Worth now in its 47th season, and growing up, his mother taught ballet and gymnastics and is still taking her gymnastics team to meets at the age of 83. His mother relocated to the Mississippi Delta in Greenwood and married Billy Whittington, a prominent farmer. The family grew to include six children. He is currently in a relationship with He You from Beijing, China.

EDUCATION: Studied graphic design at the Art Institute of Houston; BFA from Delta State University; and master's degree from the University of Mississippi



WHAT DO YOU CURRENTLY TEACH OR HAVE TAUGHT: An em-

ployee of ICC since 2008, he has taught Drawing I and II, Design, Color Theory, Painting, Computer Art, Art History I and II and Art Appreciation. He has developed online classes for Art History I and II and Art Appreciation for eLearning. He is also the ICC Gallery director and sponsor for the ICC Art Club and chief editor for ICC's "The Calliope."

POSITIVE ASPECTS OF TEACHING:

"My favorite thing about teaching is interacting with a diverse group of young creatively-minded students. Having the privilege of helping them reach their full creative potential is extremely gratifying. Teaching also challenges me to continually learn and update my knowledge base in a wide range of artistic disciplines. It allows for perpetual growth and development in a field that I am passionate about."

NEGATIVE ASPECTS OF TEACH-

ING: "It can be a test of mental and physical endurance, but that is part and parcel of any job. ICC is the greatest place to work."

WORDS OF ADVICE FOR FUTURE

STUDENTS: "Success comes in small incremental steps combined with persistence and determination. Failure is part of the process. When it happens, pick yourself up and carry on. Confidence comes from overcoming obstacles."

FUN FACT: "I have lived in several different cities, including Houston, Tex., Athens, Ga., Omaha, Neb. and New Orleans, where I worked as a cook in the French Quarter for two years." His travels have taken him to France, Italy, Mexico, South America, Japan, China and Africa. For hobbies, he enjoys making art, playing guitar and learning Mandarin Chinese.

Staff Reports



ICC ranks first in state in full-time enrollment increase

Staff Reports

Itawamba Community College ranks first in the state in full-time enrollment increase and in the top three in overall enrollment increase, according to figures released by the Mississippi Community College Board.

With fall enrollment at 5,034 at the end of the 10-day reporting period, figures from fall 22 to fall 23 show an 8.5 percent increase.

The increase can be attributed to multiple factors, according to ICC President Dr. Jay Allen, including the addition of Magnolia Hall, a state-of-the-art residence for honors students and student leaders, accommodating 246 additional students, which opened last fall and an enhanced emphasis on activities.

This is very exciting news," Allen said. "The increase in the number of students that ICC is serving is significant because we have additional opportunities to provide a solid educational foundation and the best start for those in our five-county district and beyond."

"Statistics show that the more students are engaged, the more successful they will be in the classroom," according to ICC Vice President of Student Services Dr. Brad Boggs. "Having an attractive, comprehensive student activities program plays a major role in attracting students to attend ICC and subsequently an opportunity to retain students once they enroll." The renewed emphasis on student activities includes opportunities for both traditional age students as well as adult learners at all three locations - Fulton, Tupelo and Belden - based on listening to ICC's students and staff and providing programs/events that are of interest to all.

In addition, Itawamba Community College has transitioned to a Schools of approach to group like majors into a cohort to enable students to connect better with their selected field of study as well as with those in the same area, such as academic transfer and career education.

In comparison to all other higher education options in the state, both public and private, ICC has the second-lowest cost of tuition and cost of tuition and fees combined. While the updated enrollment figures include online, academic and career education classes, it does not include workforce totals, which are not measured on a semester basis, Allen said.

"Because of the dedication of ICC's faculty and staff, our Board of Trustees and external funding support, we continue to provide an affordable and quality option, which has been documented by the naming of ICC as a top 25 semifinalist for the prestigious 2023 Aspen Prize," Allen said. "In addition, the work of our recruiters, enrollment services and community relations team has contributed to this increase in enrollment."

Allen also noted that data from the Institutions of Higher Learning shows that ICC produces graduates that when they attend any of the state's eight universities, they generate the second highest number of bachelor's degrees by transfer students. They also graduate with a higher GPA than the student who started at the university.

"We are always excited to hear that more students have chosen to become a member of the ICC family," said Michael Holloway, director of Recruitment and Orientation. "I truly believe that ICC provides the best instruction in academic transfer, career education and health sciences programs. We pride ourselves on having something for everyone."



What a Night!!

Itawamba Community College celebrated its 75th anniversary, Oct. 14, with a Diamond Gala at the Cadence Center in Tupelo, and proceeds will benefit scholarships for deserving students.

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FALL 2023

Last day to drop classes with a 'W' Nov. 1 through excessive absences or withdrawal from classes for eLearning full-term classes

Registration begins at 2:30 p.m. for Nov. 6 currently-enrolled Honors College and allied health students

Registration begins at 2:30 p.m. for Nov. 7 currently-enrolled sophomores who have completed 24 or more hours

Registration begins at 7:30 a.m. for Nov. 9 currently-enrolled freshmen

First day of class for eLearning second Nov. 13 four-week classes Last day to add eLearning second fourweek classes

Nov. 15 First day of registration for adult learners, readmission and transfer students and December 2023 high school graduates.

Nov. 16 Freshman orientation for December 2023 high school graduates begins at 1 p.m. (Tupelo Campus)

Final exams for eLearning full-term Nov. 16classes

Nov. 20-Thanksgiving holiday for students/ employees

Nov. 29-Registration continues through the Advising Center if faculty adviser is not available

Nov. 29-Last day to drop classes with a 'W' through excessive absences **Dec. 14** or withdrawal from classes for eLearning second four-week classes

Last day to drop classes with a 'W' Dec. 1 through excessive absences or withdrawal from classes for traditional full-term day/night and traditional second eight-week classes

Dec. 4-7 Final exams for traditional full-term night, eLearning second eight-week and eLearning four-week classes

Final exams for traditional full-term Dec. 6-7

Dec. 14 Offices close at 5 p.m. for Christmas/ New Year's holidays

Offices reopen after the holidays. Jan. 3

For the latest on ICC's scheduled events and activities, www.iccms.edu.



October 22-28 ICC celebrates Respiratory Care

Staff Reports

Itawamba Community College's Respiratory Care Technology program is joining schools from across the nation in honoring and recognizing the invaluable contributions of respiratory therapists to patient care during a week designated in their honor.

"Respiratory Care week is an outstanding opportunity to recognize the essential work and dedication of respiratory professionals as well as to promote awareness for lung health," said Adam Denton, program director.

Additionally, it provides a platform for sharing the multifaceted impact of respiratory therapists from collaborating with executive leaders to serving as advocates for patients and engaging with local communities.

ICC's Respiratory Care is a twoyear (five-semester) program. Graduates will receive an Associate of Applied Science degree and will be eligible to take the national credentialing exam to become a



Adam Denton

Registered Respiratory Therapist (Respiratory Care practitioner).

"Respiratory Therapists apply scientific principles to prevent, identify and treat acute or chronic dysfunction of the cardiopulmonary system," Denton said. "Their knowledge of the scientific principles underlying cardiopulmonary physiology and pathophysiology, as well as biomedical engineering and technology, enables them to effectively assess, educate and treat patients with cardiopulmonary disorders. Respiratory therapists primarily work in hospitals, critical care units, emergency rooms, pulmonary function labs and on transport teams.

"This annual observance is not ony a week of celebration, but also a testament to the unity, dedication and profound impact that respiratory therapists have on patient care and healthcare as a whole. Through shared values, patient advocacy and community engagement, respiratory therapists pave the way for a healthier future, leaving an indelible mark on the hearts and lives of those they touch, according to the American Association of Respiratory Care.

College Cost Transparency From page one

Moving forward, the College Cost Transparency Initiative will be managed by the National Association of Student Financial Aid Administrators. This work is generously sponsored by a grant from Strada Education Foundation.

"As a former student and current college financial aid administrator, I can see how students and parents would be confused about how much a college degree actually costs," said Terry Bland, ICC Financial Aid director. "We welcome the College Cost Transparency Initiative and all that it will bring with it. At ICC, we are revamping our College Cost webpage, our Shopping Sheet and our Financial

Aid award letter to fully support this initiative. It is a very arduous task to pull together all of the direct and indirect costs for every program and lay them out in a format that is easily interpreted by potential students and their parents." Bland currently serves as immediate past president of the Mississippi Association of Student Financial Aid Administrators for 2023-24 and is a longtime member of the Southern Association of Student Financial Aid Administrators and the National Association of Student Financial Aid Administrators.

Among the principles and standards that financial aid offers to undergraduate students are

*Transparency, ensuring that costs are understandable for students and families and include the most accurate estimate possible of student cost.

*Describe and explain all types of aid offered using standardized, plain language.

*Prominently display critical components, such as an estimate of the student's total cost of attendance, categorized by costs to be paid to the institutions and separated into grants and scholarships, student loans and student employment/work, an estimated net price and more.

*Follow U.S. Department of Education guidance regarding referencing Parent PLUS Loans.

*Provide information about employment requirements and information on job placement if student employment is offered.

*Explain the terms and conditions and information on how much student loan debt may cost over time if federal student loans are included.

ICC is one of two community colleges and one university in the state that are committed to use CCT standards by Nov. 1 or later. The others are Mississippi Gulf Coast Community College and Blue Mountain Christian University.

ICC....#Betterthanever

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Meeting Room CLUB NEWS & CALENDAR

FULTON CAMPUS

Archery Club	Ethan Cruse	862.8233
Art Club	Shawn Whittington	862.8301
Bass Club	Dylan Hart	862.8333
Chieftain	Donna Thomas	862.8244
Comm. Chiefs	Jessi Stevenson	862.8308
Computer Club	Bradley Howard	862.8140
Disc Golf	discgolf@iccms.edu	
Diversity Club	Dr. Michelle Clouse	862.8050
Educators Rising	Chris Cox	862.8181
	Bobby Jarrell	862.8183
ESports	Dakota Hall	862.8331
Fashion Tribe	Taylor Tutor	862.8281
	C.J. Adams	862.8074
Forestry Club	Emily Loden Jones	862.8147
Global Experience	Jessi Stevenson	862.8308
	Dr. Edana Nail	862.8056
ICC Films	Morgan Cutturini	862.8167
ICC Honors College	Heather McCormick	862.8191
ICC Orient. Leaders	Michael Holloway	862.8428
Indian Delegation	Michael Holloway	862.8428
Man UP	Deon Triplett	
Mirror	C.J. Adams	862.8074
Modern Language	Anna Begnaud	862.8292
Phi Theta Kappa	Makela Salmon	
Sigma Kappa Delta	Keith Morris	862.8326
	Anna Begnaud	862.8292
	Jenny Bowers	620.5112
	Dr. Ashley Craig	862.8326
	Nathan Ward	862.8164
Social Media Amb.	Maggie Caldwell	862.8241
Social Science	Megan Eidt	620.5044
	Masha Laney	862.8023
Student Act. Board	Taylor Tutor	862.8281
STEM	Bradley Howard	862.8140
	Heather McCormick	862.8191
	Dr. Jada Mills	862.8369
STEP Club	Iris Newsome	862.8328
Student Gov. Assn.	Dr. Chad Case	862.8232
	Dr. Brad Boggs	862.8271
	Taylor Tutor	862.8181
Theatre	Dr. Laurie McBride	862.8307

TUPELO CAMPUS

Archery Club	Ethan Cruse	862.8233
Bass Club	Dylan Hart	862.8333
Comp. Prog./Net.	Dr. Delena Hukle	620.5163
	Cindy Layman	620.5116
Disc Golf	Michelle Pruitt	862.8296
Diversity Club	Dr. Michelle Clouse	862.8050
Fashion Tribe	Taylor Tutor	862.8281
	C.J. Adams	862.8074
Future Rad. Tech.	Dr. Paul Crum	620.5233
Future Resp. Ther.	Adam Denton	620.5238
Global Experience	Jessi Stevenson	862.8308
	Dr. Edana Nail	862.8056
Indian Delegation	Michael Holloway	862.8428
Legal Ed. Assn.	Haley Carpenter	620.5342
	Dr. Bo Rowland	620.5340
MOSA	Dr. Lauren Asters	620.5208
NCF	Linda Bond	620.5210
OTA	Dee Dee Lomenick	620.5026
Phi Theta Kappa	Jenny Bowers	620.5045
	Dr. Delena Hukle	620.5163
	Dr. Ira Lindsay Jones	620.5043
STEM Club	Heather McCormick	862.8191
	Dr. Jada Mills	862.8369
	Bradley Howard	862.8140
Student Gov. Assn.	Maggie Caldwell	862.8241
	Taylor Tutor	862.8281
SHIMA	Donna Vaughn	620.5123
Student PTA Club	Dr. Cheryl Ware	620.5025

RELIGIOUS ORGANIZATIONS

BSU	Matt Stark	862.3278
FCA		
Wesley Foundation	Zac Cox	255.2339

For more information on ICC clubs and organizations, www.iccms.edu.

ATTENTION!

Register
NOW
for the spring '24
semester!!



Learning more

Members of ICC's
STEM Club recently
toured the U.S.
Space and Rocket
Center in
Huntsville, Ala. The
STEM Club connects students with
an interest in STEMrelated fields, science, technology,
engineering and
math. - Courtesy
photo

ICC's AD Nursing honor society adds members

Staff Reports

Itawamba Community College's Associate Degree Nursing honor society, Alpha Delta Nu, has added provisional members for 2023-24 to be formally inducted in the spring.

They include Tiree Jones, Jodi Minor, both of Aberdeen; Katie Archie, Emery Browning, both of Amory; Meranda Magee of Columbus; Shelby Linley of Houlka; Rachel Devaughn, Abby Boutwell, both of Mantachie; Sianna Downs of Mooreville; Faith Drain, Casey Picinich, both of New Albany; Kayla Arman of Oxford; Sherman Ross, Tucker Cowsert (vice president), Landyn Tutor, Sara Kitchens (president),

all of Pontotoc; Evette Mayse of Potts Camp; McKenna Chisholm of Randolph; Alexis Koonce of Saltillo; Holly Carrington (secretary) of Southaven; Brian Frith, Leah Crosby, Bridget Tonos, all of Tupelo; and Karley Matthews of Walnut.

This is the first time that ICC has offered an honors organization for nursing. Among the advantages for membership include encouraging the pursuit of advanced degrees in the profession of nursing as well as continuing education as a lifelong professional responsibility.

Students are eligible to enter a provisional membership after completion of their first semester

of nursing school and have met the other society membership requirements. During this period, they will plan and implement a service-learning projects. After they complete the project and their last semester with a 'B' or higher, they are eligible for induc-

"The addition of an Alpha Delta Nu chapter offers a unique opportunity to acknowledge the academic distinction of our nursing students," said Dr. Dana Walker, director of ICC's Associate Degree Nursing program. "Its mission is to recognize excellence and encourage the pursuit of advanced degrees as well as foster lifelong learning."

ICC's Phi Theta Kappa chapters elect 2023-24 officers

Staff Reports

Both Phi Theta Kappa chapters at Itawamba Community College have elected officers for 2023-24.

Officers of the Upsilon Sigma Chapter at the Fulton Campus include Vice President of Leadership Ally Thompson of Amory; Vice President of Public Relations Addison Pletzke and Vice President of Projects Grace Weisenberger, both of Clinton; Vice President of Service Camille Butts of Columbus; Vice President of Fellowship McKenzie Armstrong of Guntown; Vice President of Scholarship Carmen Birmingham, Regional Reporter/Vice President of Service Kaley Gholston, both of Mooreville; Vice President of Public Relations Keely McCollum of Nesbit; Vice President of Membership Garrett Young of Olive Branch; President Emma Mask of Plantersville; Vice President of Leadership Kristin Ray, Vice President of Public Relations Michael Nix, both of Pontotoc; Vice President of Projects Maddy Walton of Tremont, Vice President of Scholarship Matthew Butler, Vice President of Membership Jenna-Claire Johnson, Vice President of Fellowship Jillian Babb, Vice President of Fellowship Kelly Flores Herrera, all of Tupelo; and Vice President of Leadership Jaymie Davis of Vardaman.

Beta Tau Sigma Chapter officers at the Tupelo Campus are President William Gibson, Vice President of Service Serra-Avery Erwin, Vice President of Fellowship Savannah Scruggs, all of Tupelo and Regional Secretary/Vice President of Scholarship Anna Curtis of Shannon.

Sponsors are Makaela Salmon, Fulton Campus; and Jenny Bowers, Dr. Delena Hukle and Dr. Ira Lindsay Kinard Jones, Tupelo Campus.







Want To Know More?

FULTON CAMPUS

Information on	Contact
	Admissions
Activities Calendar	V.P. of Student Services
Admissions/Records	Admissions
Advanced Placement	.V.P. of Instructional Services
Athletics	Athletic Director
Band	Band Director
Books/Supplies	Bookstore
Career Planning	Adviser/Advising Center
Car Registration Decals	Campus Police
	Advising Center
Change in Curriculum	Adviser/Student Affairs
	Student Affairs
	V.P. of Student Services
	.V.P. of Instructional Services
Evaluation of Credits	Admissions
	Instructor
Faculty Office Hours	Instructor
	Admissions
	Student Affairs
	Coor. of Student Activities
	Director of Libraries
Log-Ins/PINs	TIS Help Desk
	Campus Police
	Student Affairs
	Student Affairs
	Community Relations
•	Admissions
	Adviser
	Adviser
	Financial Aid
	Financial Aid
	Coor. of Student Activities
	Sponsors
	Student Affairs
	V.P. of Instructional Services
	Career Center
	Admissions
	Business office
	V.P. of Student Services
Veterans Affairs	Financial Aid

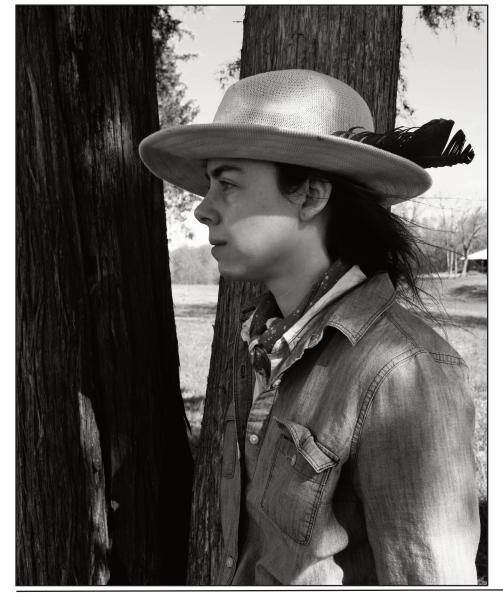
TUPELO CAMPUS

Admissions/Records	Student Affairs
Advanced Placement Cred	lit .VP, Instructional Services
Books and Supplies	Bookstore
Career Planning	Adviser/Career Center
Car Registration/Decals	Campus Police
Counseling	Student Affairs
Evaluation of Credits	Admissions
I.D. Cards	Student Affairs
Job Placement	Career Center
Library	Library
	TIS Help Desk
Parking	Campus Police
	Student Affairs
Schedule Planning	Student Affairs
	Financial Aid
Student Activities	Student Affairs
Student Aid	Financial Aid
Student Government	Coor. of Student Activities
Transcripts	Student Affairs
Tuition and Fees	Business office
Veterans Affairs	Financial Aid

BELDEN CENTER

Adult Ed./High School Equivalency	Audra Perry
Continuing Education	Josh Gammill
WIOA	Brad Gates
Workforce	Barry Emison

Contact information available at www.iccms.edu by clicking on the area of interest or by searching the college directory



"Curious Narratives," an exhibit featuring the paintings of Brooke Polly Alexander of Oxford, instructional assistant professor of art at the University of Mississippi, is currently on display in the Itawamba Community College gallery on the Fulton Campus.

'Curious Narratives' features oil paintings on canvas

 $Staff\,Reports$

The paintings of Brooke Polly Alexander of Oxford, instructional assistant professor of art at the University of Mississippi, will be on display in the Itawamba Community College gallery on the Fulton Campus through Nov. 2.

Entitled 'Curious Narratives,' the exhibition features a collection of oil paintings on canvas from her recent show at Southside Gallery in Oxford.

Her work deals with figurative and landscape motifs with an underlying implication of a story. The narration is implied but not explicity stated. Alexander leaves it to the viewer to bring to the paintings their own interpretation of her images.

Alexander was born and raised in Athens, Ala. She earned the

B.A. degree in studio art with a concentration in painting from the University of Mississippi. Her work has been shown both regionally and nationally.

Gallery hours are 8 a.m.-4 p.m., Monday through Thursday. Admission is free.

For more information, contact Shawn Whittington at eswhittington@iccms.edu or 882.862.8301.

ICC students join prestigious SKD chapter

Staff Reports

Several ICC students are new members of Sigma Kappa Delta, and they will be formally inducted during the 2024 spring semester.

They include

Abbeville - Armani Wilson;

Aberdeen - Makayla Key;

Amory - Jolie Bishop, Lillyan Madrid, Kenlee Wilson;

Belden - Nyla Smith, Scarlett Von Strahl;

Belmont - Aleshia Saylors;

Ecru - Lindsey Raby;

Fulton - Ramsey Eskew, Ma Kesia Monterde, Juliana Motes, Heaven Reese, Frank Rodriguez;

Guntown - McKenzie Armstrong, Marie McCrary;

Houston - Holly Pettit, Kayleigh Pettit; Iuka - Kimberly Pruitt;

Madison - Whitten Willis;

Mantachie - Rosalie Keith, Keira Vandiver;

Myrtle - Robin Elgin;

Plantersville - Makenzie Met calf:

Pontotoc - Anna Boyette, Anna Jenkins, Latesha Loftis, Emily Lopez, Justina Shettles, Breana Taylor, Asteric Whitt;

Shannon - Leila Howell, Carl Scott:

Tremont - Michele Jones;

Tupelo - Danelly Blanco, Niekeya Coleman, Sierra Erwin, Citlali Farias, William Gibson, Jayden Gray, Amaya Herrord, Sherrion Holmes, Codi Kennamore, Zaira Meza, Savannah Roper, Nailah Slatter, Adelyn Stanford, David Strange, Jonathan Thornton, Anna Watts;

Vaduz, Liechetenstein -Julia Bennecknstein;

Vardaman - Cristal Solis; and Vina, Ala. - Jimmy Humphries.

Sigma Kappa Delta is the English Honor Society for two-year colleges. Members have the opportunity to share their love of literature and linguistics with like-minded peers, participate in rewarding activities and be recognized for their accomplishments. They may also apply for one or more of the society's numerous awards and scholarships.

Sponsors are Dr. Ashley Craig, Keith Morris and Anna Britt-Beg-

ICC Student Government Association serves as YOUR voice

SHELBY FRANKS

Chieftain Staff

Itawamba Community College's Student Government Association is an organization for students interested in getting involved within the college and the surrounding community, according to Taylor

Tutor, Student Activities coordinator and cosponsor.

Four officers lead the groups at both Fulton and Tupelo/Belden: President, Vice President, Secretary and Treasurer. Working along with the officers

include seven representatives.

Tutor explains that "the SGA plans Homecoming Week, Indian Week and does various community service projects every year. They also choose themes for basketball games and approve new club proposals as they arrive."

Along with Student Activities, the SGAs have just wrapped up Homecoming week events. They are now working on The Voice of ICC, which will be Wednesday at 6 p.m. in the W.O.

Benjamin Fine Arts Center auditorium at the Fulton Campus.

"I hope they can plan
a community service
event that students can
participate in and enjoy.
SGA officers are
elected annually, the

major officers in the

spring, and the representatives, in the fall. "To be eligible, students must have a 2.5 or higher GPA, enrolled in 15 hours and have no disciplinary concerns, Tutor explained. For more information, email tltutor@occms.edu.





Itawamba Community College's choir performs the National Anthem and the Alma Mater as part of the pregame activities at Homecoming, Oct. 5, at Lambert Stadium/Eaton Field.

Nov. 9, Link Centre ICC's choral groups schedule concert

Staff Reports

Itawamba Community College will present its Fall Choral Concert at 7 p.m., Nov. 9, at the Link Centre in Tupelo.

Students performing in-

Abbeville - Marly Kesler; Ackerman - Gavin Arnault, Brianna Eiland, Olivia Miller, Melissa Ramirez;

Amory - Anji Beato, Isaac Houk, Lillvan Madrid;

Columbus - Mecca Kar-

riem·

Detroit, Ala. - Mackenzie Shotts:

French Camp - Leslie Fleming;

Fulton - Rebekah Anderson, Chase Baggett, Clara Green:

Hamilton, Ala. - Maggie Smith;

Kosciusko - Ty'kiaya Kern;

Louin - ZaMarion Jones; Mantachie - Lilly Andry,

Destinee Dixon;

Meridian - Noah Wade;

Mooreville - Seairra Westmoreland;

Nettleton - Cortney Mc-Cord;

Oxford - Liana Logan; Philadelphia - Jesse Pet-

tigrew;

Plantersville - Semaj Jones;

Pontotoc - Addison Clements, Joshua Coker, Makenna Cooper, Mikey Franklin, Caroline Holloway, Carter McNeil, Isiah Pannell, Kristin Ray, Layla Tutor;

Prairie - Ahmond Cox; Red Bay, Ala. - Mason

Bates;
Saltillo - Thomas Dillard,
Hunter Johnson Bryce Mc-

Hunter Johnson, Bryce Mc-Cord, Kaylee Townsend, Emma Worsham;

Tremont - Sarah Brown;
Tupelo - Lia Darracott,
Jayden Gray, Jason Luna,

Jayden Gray, Jason Luna, Crissen McCoy, Aubrey Meredith, Rodney Simpson, Grant Sullivan;

Vernon, Ala. - Ryfucious

Guy, Emma Welch, Daisy Lugo, Emma Welch;

Weir - Jacob Bramlett and Anealia Fair.

The director is Kyle Davis of **Fulton**, and collaborative pianist, Anna Morgan of **Baldwyn**.

Among the concert selections include "Carol of the Bells," "Joy to the World," "Ring Those Christmas Bells," "The Lord is My Shepherd" and "I'm Gonna Sing 'Til the Spirit Moves in My Heart."

ICC's Gammill, Gray selected as prestigious MCCLA participants

Staff Reports

Itawamba Community College's Josh Gammill and Holly Gray, both of Fulton, have been selected as participants in the 2023-24 Mississippi Community College Leadership Academy.

Gammill, who is director of Continuing Education, has been a member of the ICC family since 2015, previously serving as career navigator and Pathway coordinator. He earned the bachelor's degree from Mississippi State University and the master's degree from the University of Mississippi. Gammill's honors include graduate of the ICC Leadership Development Institute, successful completion of DDI Leadership Facilitator (GCDF) and Certified Career Pathways Leadership (NCPN). He is a deacon of Bethel Baptist Church. Gammill and his wife,



Josh Gammill

Sara, are the parents of three children, Reed, Nora and Charlie.

Gray, director of ICC's libraries, began employment at the college in 2016, following serving as media spe-



Holly Gray

cialist at Tupelo High School. She earned the associate's degree from ICC, bachelor's degree from the University of Mississippi and master's degrees from both Mississippi State University and the University of Alabama. Her honors and awards include graduate of the ICC Leadership Development Institute, community college representative for the MAGNOLIA steering committee and member of both the Mississippi Library Association and the ICC Wesley Foundation board. She and her husband, Jim, have two children, Jacob and Cara.

The Mississippi Community College Leadership Academy was developed in the spring of 2009 to address the projected need for upper-level leaders in the Mississippi community college system. The MCCLA is organized around the practical needs for future community college leaders, specific to the Mississippi community college system.

Register TODAY for spring '24!





ACTIVITIES CALENDAR

OCTOBER 24

ManUP - Tupelo Library -1 p.m. Tales of Terror -Crane Pavilion - 7:30 p.m.

OCTOBER 25

The Voice of ICC -W.O. Benjamin Fine Arts Center - 6 p.m.

OCTOBER 26

Indian Spirit Walk - 4 p.m. Touch A Truck -Lambert Stadium - 5 p.m.

OCTOBER 30

ManUP - Fulton Library - 1 p.m.

OCTOBER 31

ManUP - Tupelo Library -1 p.m. Hallowesley - Wesley House -6 p.m.

NOVEMBER 1

College and University
Transfer Fair first floor hallway David C. Cole
Student Services Building 11 a.m.-1 p.m.

NOVEMBER 6

ManUP - Fulton Library 1 p.m.
Intramural Indoor Volleyball Intramural Gym
ManUP - Fulton - Library 1 p.m.
"The Legend of Sleepy Hollow"
Theatre Auditions Academic 125 - 4 p.m.

NOVEMBER 7

"The Legend of Sleepy Hollow"
Theatre Auditions Academic 125 - 6 p.m.
ManUp - Tupelo Library 1 p.m.

NOVEMBER 8

"The Legend of Sleepy Hollow" Academic 125 - 3 p.m.

NOVEMBER 9

STEM Club - Purvis 112 -Tupelo - 12:10 p.m. Calliope Journal of Art and Poetry Submissions Due -3 p.m.

NOVEMBER 13

What in the World is a Cocurricular Transcript - Dining Hall Tupelo - 12:10 p.m.
ManUP - Fulton - Library - 1 p.m.

NOVEMBER 14

Phi Theta Kappa -Beta Tau Sigma Chapter -Purvis Center 109 -Tupelo - 12:15 p.m. ManUP - Tupelo Library - 1 p.m.

NOVEMBER 20-24

Thanksgiving Holidays

NOVEMBER 27

ManUP - Fulton Library - 1 p.m.

NOVEMBER 28

ManUP - Tupelo Library - 1 p.m.

ICC's Upton selected to participate in Ingram Leadership Institute

Staff Reports

Michael Upton of Mooreville, director of Advancement for Itawamba Community College, has been selected as a participating the 2023-25 Jim Ingram Community Leadership Institute.

"The Jim Ingram Community Leadership Institute provides wonderful insights and training to create leaders in North Mississippi," Upton said. "I am honored to have been chosen to be a part of this year's class."

At ICC, he leads both the Foundation and the Alumni Association. He is responsible for overseeing and directing their functions through cultivating, soliciting and stewarding fundraising, events and principal relationships at the direction of the President's office.

Upton has 17 years of fundrais-



Michael Upton

ing and development experience. His previous professional work includes serving as major gift officer/regional philanthropy officer for the American Red Cross of Mississippi. Prior to that, he was director of development at Ole Miss for several areas, including the University Libraries, Center for the Study of Southern Culture, Gertrude C. Ford Center for Per-

forming Arts, University Museum and Historic Houses and the School of Applied Sciences.

A native of Lee County, he graduated from Tupelo High School and ICC before earning both the bachelor's and master's degrees from the University of Mississippi. He has a son, Gage.

The Jim Ingram Community
Leadership Institute is a two-year
program designed to develop
community leadership skills and
to enhance personal and professional growth. It consists of one
year of training and one year of
community reinvestment during
which participants reinvest what
they have learned in institute
training in a nonprofit organization or a defined community need.
Additional components include
community orientation and enhancement of leadership skills.

SAB plans ICC activities

Wondering how ICC activities are planned and decided? It takes a lot of hard work, time and effort by the Student Activities Board.

The SAB, works with Student Activities Coordinator Taylor Tutor to plan events at all college locations - Fulton, Tupelo and Belden.

Tutor said that with busy schedules, it's not always easy to meet, so they communicate via GroupMe. "All students are welcome to provide input," she noted.

Among the recent activities was Homecoming week (see page 11 for pictures). They have helped with athletic events, organized Homecoming breakfasts and worked with the Student Government Association on various projects, Tutor said. - **Breana Nix**, Chieftain Staff Writer

ICC to host Emerging Scholars Luncheon

High school seniors with a 23+ ACT score will be honored at ICC's Emerging Scholars Luncheon, which begins at 11 a.m., Nov. 2, at the Davis Event Center at the Fulton Campus.

"The event is an opportunity for the select group of high school seniors to learn more about the academic and involvement opportunities for honor students at ICC," said Michael Holloway, director of recruitment and orientation.

The schedule includes check in from 10:45-11 a.m. followe by lunch and sessions focusing on the acceleracademic ated experience, Phi Theta Kappa and Honors College, special guest speaker ICC alumnus Karis Pannell and a question-and-answer session by a student leaders panel. Tours of the honors residence hall and campus are available.

For more information or to register, iccms.edu/emergingscholars or email

Scholars go2iccms.edu.

Attention! Watch for surveys

All current ICC students may provide their thoughts and opinions on instruction and other areas through this semester's Student Evaluation of Instruction, according to Dr. Brandi McCraw Torres, Institutional Research and Effectiveness coordinator.

Each student will rethe throughout the semester based on term dates. They will receive an email survey for each class in which they are enrolled. "SEIs will also populate inside each course in Canvas so that students may choose to take the SEI via the email invitation or Canvas link based on personal preference for each class," Torres said.

All survey responses remain anonymous, and instructors do not receive the results until after submitting their final grades at the end of the semester.



ICC, CDF
join forces
ICC and the
Community Development Foundation partnered
last Wednesday
for a manufacturing conference
at the Belden
Center.

getinvolved@iccms.edu

FYT MAKE A NOTE OF IT

JUST A REMINDER...

Review lockdown procedures

ICC's faculty, staff and students are urged to review campus lockdown procedures.

"The procedures are meant to be very simple because at the point of a lockdown, the major concern is the safety of all of the individuals in the campus community," said Dr. Brad Boggs, vice president of student services.

Notifications will be communicated via ICC ALERT, email and the Emergency Information Web page.

Upon notification of campus lockdown, everyone must react immediately.

The procedures include

- 1) Lock all doors and windows.
- 2) Close all blinds.
- 3) Turn off lights.
- 4) Use room furnishings to barricade doors and as protection.
- 5) Everyone should sit on the floor, away from doors and windows.
 - 6) Make no noise.
- 7) Remain in lockdown until it is cleared with a notice via ICC ALERT or the police/administrator gives te ALL CLEAR code.

In addition, these are procedures in the event of severe weather conditions or evacuation.

Individuals should check ICC's website, www.iccms.edu, for information. It's located under Campus Safety on the home page.

Sign up for ICC ALERT

ICC provides a mass notification system called ICC ALERT.

Students, faculty and staff are encouraged to participate in the free service.



ICC ALERT has been utilized for inclement weather situations when classes and offices were closed due to snow and icing conditions and when storms threatened

the area.

To sign up to receive emergency messages through ICC ALERT: 1) Log on to the myTribe portal using your name and password; 2) Click ICC ALERT system in the link section on the bottom right; 3) Log in with your same username and password as myTribe to add/update your information.

For assistance with technical issues, contact the TIS Help Desk at (662) 862-8295 or via email at helpdesk@iccms.edu.

Litter-free

Everyone is reminded to use trash receptacles for litter. It's up to all of us to show our pride by ensuring that all three locations are litter-free.

No noise

Unnecessary noise is banned at Itawamba Community College, including loud music, yelling and screaming.

Students who are found guilty of noise violations will be fined, and the fine will double with each successive violation.

Campus Police

ICC-Belden...662.687.2752 ICC-Fulton...662.687.2750 ICC-Tupelo...662.687.2751

For more information about ICC emergency procedures... www.iccms.edu

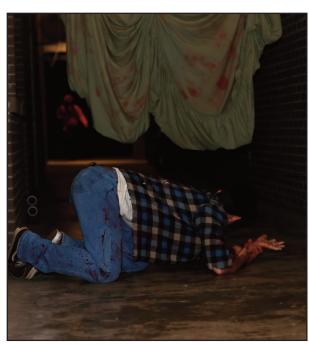












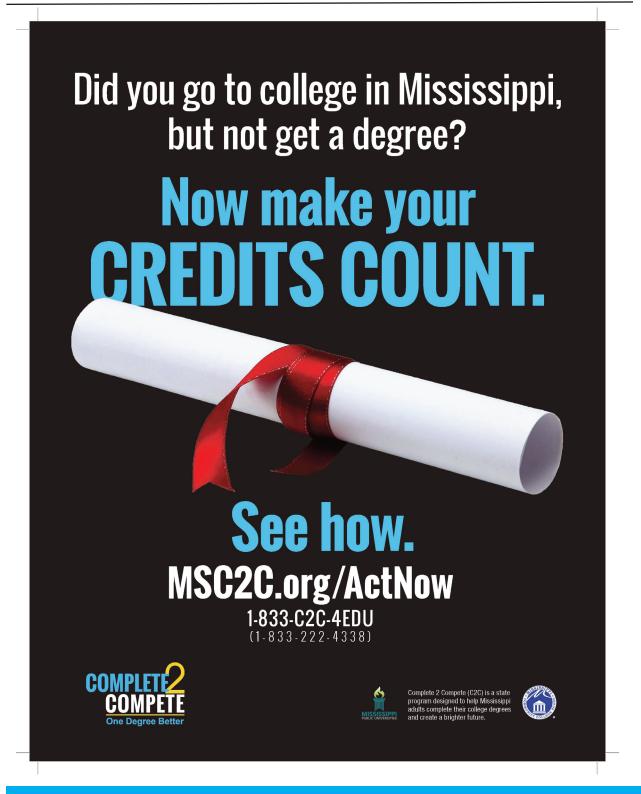






SGA officers serving at Fulton, Tupelo/Belden







Itawamba Community College is an open admission, comprehensive, publicly supported two-year institution primarily serving Chickasaw, Itawamba, Lee, Monroe and Pontotoc counties, while also being responsive to the instructional and economic development needs of the region.

Itawamba Community College fulfills its mission through 1) College-parallel, technical and career programs to prepare students to transfer or enter the workforce; 2) Continuing education and workforce pathways for individuals striving for professional growth or personal enrichment; 3) Strategic partnerships to provide student opportunities, meet business and industry needs and promote economic development; 4) Adult education programs committed to increasing the literacy level of the adult population, providing self-improvement opportunities, workforce readiness and/or high school equivalency; 5) Resources, including financial, physical and technological to advance educational purpose as well as traditional and online instructional services, student support services and business management; 6) Recruitment and employment of qualified personnel as well as provide ongoing opportunities for leadership growth and success in educational, career and personal goals.

Candidates for admission to academic and career education programs may be admitted by diploma - students are required to present an official transcript from a high school accredited by the appropriate state or regional accreditation association; by completing the appropriate number of Carnegie units; by successfully completing an acceptable high school equivalency test - students are required to have an official copy of the high school equivalency transcript mailed to the Director of Admissions; by advanced standing (college transfer students). Students graduating without a regular diploma (Occupational Diploma or Special Education Diploma) must successfully complete an acceptable high school equivalency test or qualify under a Mississippi Ability to Benefit State Process in order to be eligible for admission to Itawamba Community College. Some career education programs may have selective criteria for admission.

Itawamba Community College is an equal opportunity institution. The College strictly prohibits discrimination in its educational programs and activities, employment practices and admissions processes on the basis of race, color, national origin, sex, disability, age, religion, ethnicity, pregnancy, sexual orientation, gender identity, genetic information, status as a U.S. veteran or other status protected by applicable law. For more information, contact the Vice President of Student Services, 602 West Hill Street, Fulton, MS 38843, 662.862.8271 or email TitleIXCoordinator@iccms.edu.

In compliance with Title Iv of the Civil Rights At of 1964; TitleIX, Education Amendments of 1972; and Section 504, Rehabilitation Act of 1973, Itawamba Community College makes available its curricular and extracurricular programs and its facilities to every qualified person regardless of race, sex, color, creed, national origin or disability.

Itawamba Community College is accredited by the Southern Association of Community Colleges to award associate degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404.670.4500 for questions about the accreditation of Itawamba Community College.

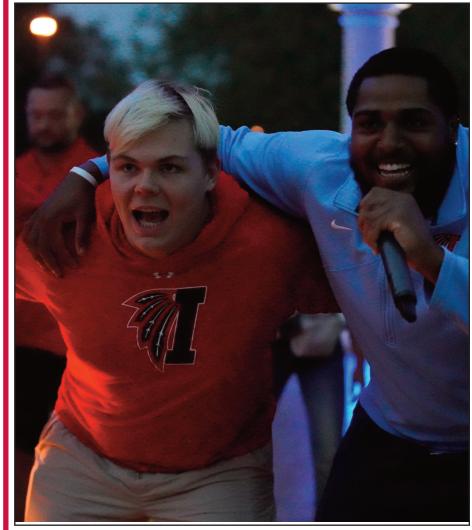
www.iccms.edu 662.862.8000



#thebeststarthere













Among the highlights of Homecoming Week 2024 include a night pep rally, Chikfil-A and some coffee. sno-





23 HOMECOMING Welcome HOME!

















CHIEFTAIN/Page 12.....October 23, 2023



Indians shut out Delta for 29-0 homecoming victory

Staff Reports

To cap off one of the most exciting times of the year at ICC, the Indicans captured their first win of the season in a dominant 29-0 victory over Mississippi Delta.

After stopping a fake punt attempt on Delta's first offensive drive, the Indians set the tone early when running back Charleston French ran through the Trojans for a 12-yard touchdown. Luke Jackson con-

nected on a 42-yard field goal to make it 10-0, Indians. Traylon Oliver put the Indians up 16-0 after an 11-yard run to end a drive that was set up with great field position after the Indians' defense forced a turnover on downs.

French finished the night with a career-high 117 yards and 2 touchdowns on 21 carries. He also added a catch for four vards.

French added a 3-yard run to push the Indians'

lead out to 26-0 before Jackson drilled a 33-yard field goal in the closing moments of the first half. The Indians' lone points in the second half campe on 29yard field goal by Jackson in the third quarter.

ICC's defensive unit had a stellar night with a shutout highlighted by four takeaways. Zae Dilworth had two interceptions while Ty Cohran and Jayden Walker each had a fumble recovery.

Indians lose to Northwest, Northeast and Holmes

NORTHWEST 38, ICC 13

The Indians once again couldn't find their footing in a 38-13 loss to 12th-ranked division rival Northwest.

After going down 7-0 early in the first quarter, the ICC defense had a big takeaway when the Rangers coughed up the football, defensive lineman JD Methvin fell on top of it. A few plays later, Keegan Stover connected with receiver TJ Atkins for a 13-yard touchdown to even the

It wasn't until after the Rangers scored three more touchdowns that the Indians found the end zone again. EJ Wadley returned an interception for a 50-yard touchdown, but the point-after attempt was blocked by Northwest.

Stover went 11-for-22 with 87 yards through the air. On the ground, running back Charleston French had 68 yards rushing on 15 carries with his longest run, a 23yard gain.

Defensively, linebacker Jayden Walker led ICC with 10 tackles on the night along with a sack for a three-yard loss. Methvin added another fumble recovery to the stat sheet, and linebacker Dontavious Allen had a sack of his own.

The ICC Indians fell to 0-3 after a heartbreaking loss to rival Northeast, 20-14, on the road in Booneville.

Despite two big defensive touchdowns, a 40-yard fumble recovery return by freshman linebacker Jaiyden Thompson and an 82-yard interception return by freshman defensive back Dylan Rowsey, the Indians couldn't get things rolling on offense.

Thompson had 15 tackles and a sack. Rowsey added six tackles, two interceptions and a pass break

Freshman running back Charleston French had 97 yards rushing off 20 carries, an average of 4.9 yards per gain, and sophomore wide receiver, AJ Smith, six catches for 120 yards with an average of 20 yards per gain. Ty Davis was 10-of-28 passing for 140 yards and three interceptions.

HOLMES 23, ICC 20

Holmes' Jalen Ballard kicked a 39-yard field goal as time expired to hand the Indians a heartbreaking 26-24 loss in Goodman, Oct.

The Indians rallied to take a 24-23 lead when third string quarterback Tylan Carter found TJ Atkins on a 64-yard touchdown pass with

NORTHEAST 20, ICC 14 1:33 left in the game. Atkins had four catches for 80 yards and a touchdown.

> The Bulldogs took a 10-0 advantage in the first quarter before Luke Jackson connected on a 27yard field goal to make it a 10-3 game at halftime.

> Jackson was 1-for-2 on field goals and 3-for-3 on extra points.

> Trailing 20-3, Charleston French broke free for a 78-yard touchdown run to make it a 20-10 game after Jackson added the extra point with 6:30 left in the third quarter. French scored on a 5-yard touchdown run to make it a 20-17 contest at the 7:57 mark in the fourth quarter.

> French rushed for a career-best 143 yards and two touchdowns on 19 carries while hauling in one pass for eight yards.

> The Bulldogs set up the final drive with solid field position after a good return on the Indians' kickoff. ICC's defense held strong, but a pair of illegal substitutions assisted Holmes before the eventual game-winning kick.

> Carter finished the night with 104 yards, one touchdown and two interceptions on 6-of-15 passing and rushed for 43 yards on eight carries. Jayden Walker had 13 tackles with a sack and tackle for









ribe alk

ELIJAH COLEMAN

Sports Editor

Deion Sanders (known by some today as Coach Prime) is a renowned athlete, who played professionally for several sports clubs, including the National Football League and Major League Baseball. For those of you who aren't sports fans, he's featured on the AFLAC commercials with Alabama Head Coach Nick Saban and the duck.

He was well-known for his exceptional speed, agility and an unmatched competitive spirit. One of his most famous quotes that's circulating today as a coach is "It's personal," which he has used frequently during his coaching career. He has coached the Jackson State University Tigers and is currently leading the Colorado Buffaloes.

The phrase "It's personal" has a multifaceted meaning that is applicable in various life situations, including sports, clubs and organizations.

For athletes, especially those who are playing at the college level, the phrase can be attributed to their competitive nature. In sports, every player wants to give their best in every game they play, and most of them consider their performance a personal matter.



For example, a basketball player who loses a game they feel they could have won isn't just disappointed, but also takes it personally. They try to understand why their team lost and what they could have done differently. In a sense, every game is personal for athletes because it reflects their performance, their training and their team's reputation and status.

It's the same with ICC's clubs and organizations. They also take pride in what they do, and their efforts are reflected in the outcomes they achieve. For example, a club that expends extensive effort in charity work or a project for which they could be rewarded on the state or national level will feel disappointed if they don't achieve their objectives.

Sanders' quote, "It's personal," demonstrates the importance of ownership of our actions, responsibilities and outcomes. It means we should be accountable for what we do, and it should be personal. This quote teaches us to care about the results of our actions, regardless of the setting we find ourselves in, whether it's sports or social organizations because the role we play affects the end result and our teammates.

ICC, whether it's sports, clubs or organizations, we should take our activities personally. We should give our best, be accountable and be committed to doing whatever it takes to succeed in our endeavors. Coach Prime's quote, "It's personal," is a universal motivation that reminds us of the ownership we have in our actions and responsibilities.

So, next time you want a little motivation, just make IT PERSONAL to get the job done and succeed in what you do!

Roll Tribe!!



Students take time out Thursday to utilize the **ICC-Fulton Fitness Center.**

Thompson named POW

Staff Reports

Freshman linebacker Jaiyden Thompson was selected Mississippi Association of Community Colleges Conference Defensive Player of the Week the last of Septem-

Thompson made 15 tackles (6 solo; 9 assists) with one sack for a loss of six yards while recovering two fumbles against the Northeast Mississippi Community College Tigers. He returned one of the fumbles 40 yards



for a touchdown.

Women's soccer moves up to No. 16

Staff Reports

As of Oct. 16, Itawamba Community College's women's soccer team moved up to No. 16 in the National Junior College Athletic Association Top 20 rankings.

Previously they were ranked No. 18.

Other Mississippi community colleges ranked in the poll were Northwest, No. 1; Holmes, No. 2; Jones, No.4; Pearl River, No. 13; and Copiah-Lincoln, No.17.

Fitness Centers open to all students at all locations

KYLE TRAYLOR

Chieftain Staff ICC has a long list of activities for students, and the Fitness Centers

are among them. The Fulton Campus facility is located inside Carrie Ball-Williamson Recreational Center. It is home to a basketball

weightlifting gyms and a

JUVA smoothie bar.

"The Fitness Center offers a variety of group exercise classes throughout the semester, including Spin, Bootcamp, Mixxedfit, Ab burn and yoga," said Fitness Center Director Michelle Pruitt. "Most of these classes are cardio based and are great for losing weight or staying fit. If you are trying to get into weightlifting, taking Bootcamp and some of these other classes could also help."

According to Pruitt, "Those wanting to participate in a group exercise class or utilize our recreational gym need to visit www.iccms.edu/fitnesscenter and click on create a reservation. There they will fill in their information and choose what activity, date and time they would like to reserve a spot for." The Fulton facility is available from Monday-Thursday, a.m.-9 p.m.; Friday, 7 a.m.-1 p.m.; Saturdays closed and Sundays, 4-9 p.m. Pruitt said the hours depend on sportholidays. It is also free to use for all students and

employees.

Although using the Fitness Center doesn't require a reservation, that isn't the case for the recreational gym since athletes use it at certain times. "When students go to reserve their spot, they will see if the rec gym is available and for what times," Pruitt said. "This helps us keep everything running smoothly."

Going to the gym can be scary, and a lot of people have second thoughts. "Taking the first steps is the hardest part, but once you do that, you're on your way to a healthier you," Pruitt said. "No need to be intimidated by the gym. All of our machines have great explanations on what muscles you are working, how to do the exercise and even QR codes that will bring you to a demo video specific to that machine. My best advice is to bring a friend. It's always great to have a workout partner and you can hold each other accountable to reach your goals. If you're by yourself and not sure where to start, try a group exercise class. It's a great way to meet new people and get started on your fitness iournev."

Students at both the Tupelo Campus and Belden Center also have an opportunity to use the Fulton Center, but there are options at both ing events, weather and of their locations as well, Pruitt said.

October 26 **ICC** to honor **All-American Heroes**

Staff Reports

Both past and current members of the armed forces, first responders and healthcare professionals will be honored during Itawamba Community College's All-American Heroes Night, Oct. 26, at Lambert Stadium/Eaton Field at the

Fulton Campus during ICC's football game with East Mississippi Community College, which begins at 7 p.m.

Special activities include a salute during halftime featuring ICC's All-American Band.

Admission is free to all past and current

11.3

armed forces members and healthcare professionals, first responders and their families.

Beginning at 5 p.m., activities such as Touch a Truck with military, healthcare and first responder vehicles will feature fire, police and an Army Humvee.

There will also be a free Kids Zone.

For more information on the event, contact Nina Strother, director of marketing and community engagement, at njstrother@iccms.edu or 662.862.8242.

Itawamba Community College Sports...

FOOTBALL

10.25 East Miss. 6:30 @Coahoma

MEN'S SOCCER

10.24 Meridian 10.28 **MACCC Quarterfinals MACCC Semifinals**

MACCC Championship

WOMEN'S SOCCER

10.24 Meridian 10.25 Hinds 1 p.m. **MACCC Quarterfinals** 10.28

> **MACCC Semifinals MACCC Championship**

VOLLEYBALL

@MUW 10.24 10.27 **MACCC Tournament** 10.28 **MACCC Tournament** 11.2 NJCAA Gulf Dist. Tourn.

NJCAA Gulf Dist. Tourn. 11.3 NJCAA Gulf Dist. Tourn.

Follow ICC athletics...LetsGoICC.com or on Twitter...@LetsGoICC





ICC basketball teams tip off '23-'24 season

ALEA HUDSON

Chieftain Staff

The Itawamba Community College Indians and Lady Indians are gearing up for what promises to be an exciting and competitive basketball season in 2023-24.

As the anticipation builds, especially from the Meet the Indians event last Monday night, we take a closer look at the teams and what to expect during the upcoming season.

THE INDIANS

Coaching Staff: The staff, under the leadership of head coach Grant Pate, has been hard at work, preparing the Indians for 2023-24. With a focus on player development and cohesive teamwork, Pate and his staff, including assistants Jacob Hayslip and Darrian Wilson, are almost ready to begin the season. Pate shared his assessment of the Indians, so far.

Goals and Expectations: Building team chemistry, continuity and consistency is important, especially with 11 new players joining the roster. Compared with the previous season, they now have more second-year players with increased experience.

Previous Season Impact: Coach Pate highlighted the team's exceptional shot selection and their focus on playing inside-out while drawing fouls.

Areas of Improvement: The Indians are focused on improving defensive execution, starting with transition, pass deflections and securing rebounds on the first shot.

Player Development: Coach

Pate stressed the importance of consistent shooting with players dedicating multiple hours to improve their skills.

Emphasizing Free-Throw Accuracy: The team's free-throw accuracy was a strength last season, and Coach Pate reiterated the significance of getting to the free-throw line and scoring a a high percentage. He highighted the practice of incorporating free-throw shooting into the players' workout routines.

New Talent: Building team chemistry requires hours of relationship building, trust and togetherness, both on and off the court.

Rebounding Advantage: Success on the boards comes from hard work, determination and a burning desire to secure rebounds and pursue the ball.

Schedule: The Indians have a busy schedule with 15 nonconference and 14 conference games. Home games at the DEC promise to be exciting.

Adapting Strategies: There is a potential for more diversified defensive strategies this year.

Assessing Success: It means peaking at the right time. The goals include winning the MACCC championship, Region 23 tournament and an NJCAA national championship.

Unique Strengths: Coach Pate highlighted the team's quality depth and versatility. Depth is crucial in a two-semester sport, and versatility allows for tactical and strategic advantages.

During the preseason jamboree,

Oct. 1, the Indians played three games against strong opponents, including Chipola (Fla.), Gulf Coast (Fla.) and Gaston (N.C.).

In tightly-contested games, the Indians lost to both Chipola and Gulf Coast, but they defeated Gaston by a wide margin.

The Indians will play their last scrimmage game against Rust College tonight (Oct. 23) at 7 p.m. The game will be open to the public, providing fans an opportunity to get a first-hand look at the team in action.

THE LADY INDIANS

As with ICC's Indians, the Lady Indians are poised for a new season, and it's one filled with potential and opportunity. Let's take a closer look at the team, its previous season's performance and what to expect this year.

Last season (2022-23), according to statistics from LetsGoICC, the Lady Indians' statistics included...

Overall Record: 12-12

Winning Percentage: .500
Conference Record: 4-10
Streak: Lost 3
Home Record: 6-5
Away Record: 6-7
Neutral Site Record: 0-0
The 2022-23 statistics from Lets-

Games Played: 24
Points Per Game: 61.6
Field Goal Percentage: 36.7
Three-Point Percentage 20.1
Free-Throw Percentage: 73.6
Rebounds Per Game: 36.5
Assists Per Game: 11

GoICC include

Strengths

Free Throw Accuracy: The Lady Indians of 2022-23 boasted a commendable 74.6 free throw percentage, which could prove to be a significant asset in close games, ensuring that they continue to capitalize on opportunities from the charity stripe.

Rebounding Skill: With an average of 36.5 rebounds per game, the 2022-23 team showcased a strong presence on the boards, potentially giving this year's time an advantage in second-chance opportunities and controlling the pace of the game.

Areas of Improvement

Scoring Efficiency: While the team averaged 61.8 points per game, there was room for improvement in the Lady Indians' field goal percentage, which stood at 36.7. Enhanced shooting accuracy could help boost their offensive output.

Three-Point Shooting: A three-point percentage of 20.1 suggests an area where the team could improve, potentially adding a new dimension to their offense by connecting on more long-range shots.

Preseason Expectations: The Lady Indians are entering the new season with a balanced record from last year, and their performance reflects their competitive nature.

Coaching Staff: The Lady Indians are led by head coach Robin Porter and her assistants Jamilah Sanders and Diamond Wraggs and volunteer assistant Chip Ashford.





